

A Rise Up, Women of God

A Catholic Scripture Study on 1 John and 2 John

Dear Leaders:

Thank you for saying yes in leading a Bible Study! I am so glad you are stepping out in faith and helping others to get into the Word of God.

I wanted to give you a Leader's Guide that could help you grow as a community by expanding the conversations; as well as leaving room for the Holy Spirit, to lead your group into a deeper relationship with Our Lord Jesus Christ.

Here are some suggestions to begin your weekly study.

1. Welcome one another.
2. Remind the group that everything that is said stays in the community.
3. Begin your study by asking for prayer intentions and that everyone would continue to pray the intentions throughout the week.
4. Pray over the intentions and ask God to open hearts, minds and souls to hearing from Him.
5. Discuss the prior week session's homework.
6. Take a 5 minute break to get refreshments.
7. The study can be done at this point or another option – Watch the Rise Up, Women of God video sessions.

If you would like to leave me a message on the website that you and your group have begun the study, I will include you in my weekly prayers.

God Bless!

Lisa Fahey

Lisa Fahey
Lisa Fahey Ministry
www.lisafahey.com

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Leader's Guide

For the beginning of the Bible Study just fellowship, pray and watch Video Session One. Explain to the group to do their homework and when you meet together than you can have discussions over the homework.

Session One

1. Page 4, read aloud the last paragraph on the page and finish the paragraph on page 5.
2. Page 6, ask someone to share their answer to the first question on this page.
3. Page 7, ask the group to share with the group the list of those who they fellowship with? Why did they choose these particular people?
4. Page 9, ask someone from the group to share their response of where they receive their joy and light? (2nd question on the page).
5. Page 11, ask someone to share their responses to the first question on the page.
6. Page 11, read the paragraph in the middle of the page. "Our friendship with God consists of pouring our love..."
7. Page 12, read aloud the second to last paragraph. "Beloved, in all God's goodness..."
8. Page 13, ask someone to share their response regarding the last question on the page.
9. Page 14, read aloud the third paragraph following the questions. "However, there is another reason why..."
10. Page 18, would anyone like to share what stood out to them after reading Psalm 139:1-18? What do you think God is calling you to do?

You may either end the study session at this time or watch the Rise Up, Women of God, Video Session Two found on www.lisafahey.com.

Session Two

1. Page 21, read aloud the first paragraph. Ask the women if they have a prayer space? If not, do they think it would be important to have a prayer space in their home?
2. Page 21, ask someone to share their responses to the last question on the page.
3. Page 22, ask someone to share their response to the first question on the page.

4. Page 23, ask the group to share their response to the last question on the page.
5. Page 25, ask the women in the group to share ways they see people swerving off course when it comes to abiding by God's laws, the commandments.
6. Page 26, read aloud the last paragraph.
7. Page 28, ask someone to share their response to the first question on the page.
8. Page 28, read aloud the second paragraph following the questions at the beginning of the page.
9. Page 28, ask someone from the group to share their response to the last question on the page.
10. Page 29, ask the group to share their answers to the question in the middle of the page.
11. Page 32, ask someone to share their response to the question at the top of the page.
12. Page 34, would anyone like to share what stood out to them after reading Psalm 27? What do you think God is calling you to do?

You may either end the study session at this time or watch the Rise Up, Women of God, Video Session Three found on www.lisafahey.com.

Session Three

1. Page 37, read aloud the paragraph following the first two questions. "The Holy One they referred to..."
2. Page 38, read to the group Isaiah 43:10-13; 44:8. Then read aloud the second to last paragraph on the page.
3. Page 39, ask the group to share with one another their responses to the first question.
4. Page 40, read aloud the paragraph following the first question. "Today's lesson reminds me..."
5. Page 41, ask the group to share what their two examples of half-truths the world wants them to accept?
6. Page 41, have someone from the group to share their response to the second to last question on the page.
7. Pages 44, as a group have them share their response to the last question on the page.
8. Page 45, read aloud the last paragraph.
9. Page 47, read aloud the third paragraph.
10. Page 48, what must we have so Christ can abide in us?
11. Page 49, would anyone like to share what stood out to them after reading Romans 8:14-19? What do you think God is calling you to do?

You may either end the study session at this time or watch the Rise Up, Women of God, Video Session Four found on www.lisafahey.com.

Session Four

1. Page 54, ask someone to share their answer to the first question.
2. Page 54, read aloud the last paragraph with the five genuine truths.
3. Page 55, read aloud the paragraph, "The Word of God penetrates the..."
4. Page 57, ask the group to share their response to the first three questions in the center of the page.
5. Page 57, according to Hebrews 3:12-14, what should we do for one another every day?
6. Page 58, have the group share if they would like on who they can look to that is a strong Christian and encourager.
7. Page 60, ask someone to share their response to the last question on the page and at the top of page 61.
8. Page 61, review the four essential truths from Session Four, Day One.
9. Page 62, read the first paragraph aloud to the group.
10. Page 63, read aloud the second paragraph. Ask the group if they could think of a situation of holding on? Did they have peace or were they afraid?
11. Page 64, ask the group to share their responses to what motivates them in their life?
12. Page 64, also ask them if it is easy to discern and ask God in all things in their lives?
13. Page 65, read aloud the last paragraph.
14. Page 66, would anyone like to share what stood out to them after reading Psalm 91? What do you think God is calling you to do?

You may either end the study session at this time or watch the Rise Up, Women of God, Video Session Five found on www.lisafahey.com.

Session Five

1. Page 69, read aloud the last paragraph to the group.
2. Page 70, ask someone to share their answer to CCC 27, when did we desire to have communion with God?
3. Page 73, ask your group if it is easy to freely and openly accept all the love God wants to give you?
4. Page 75, ask someone to share their response to 1 John 4:17, who are we like? Love is complete when we what?

5. Page 75, read aloud the paragraph in the middle of the page. "When we are intentional with prayer..."
6. Page 76, read aloud the prayer of Blessed Elizabeth of Trinity, CCC 260.
7. Page 78, ask someone to share their response to the first question, How is the love of God defined in CCC 604?
8. Page 78, ask someone from the group to share their response to the second to last question on the page.
9. Page 80, would anyone like to share what stood out to them after reading Romans 8:31-39? What do you think God is calling you to do?

You may either end the study session at this time or watch the Simply. Table Talk for Session Six found on www.lisafahey.com.

Session Six

1. Page 82, who will overcome the world?
2. Page 84, read aloud the third to last paragraph, "God requires us to live a righteous life so others..."
3. Page 84, ask the group who they are called to show God's love to.
4. Page 86, did anyone write and memorize the Scripture verses Psalm 34:5 and Isaiah 60:5?
5. Page 86, According to verse 13, what three steps did 1 Peter suggest to live a holy and righteous life?
6. Page 90, have someone share what three ways the Law of Gospel bring fullness?
7. Page 90, read aloud the second to last paragraph.
8. Page 92, ask someone to share their response to Luke 11:9-13.
9. Page 93, read aloud the last three paragraphs.
10. Page 94, would anyone like to share what stood out to them after reading Colossians 3:1-17? What do you think God is calling you to do?
11. Ask the women in what ways did they grow in their faith and intimacy with Christ as a result of spending time in 1 and 2 John.
12. Ask the women to share in what ways they feel God calling them to rise up in their churches and communities?